For Immediate Release

Cards for Shut-Ins Bring Smiles to the Sick and Recovering

Orange County, California -- December 2009. Each of us has a right to smile, the power to give smiles and receive them too. Greeting cards and letters in our mailboxes bring smiles to our faces. We feel cared about, loved and wanted.

What if no one sends you cards? What if you have no mailbox for friends to fill with warm wishes? Or you have no family near or far? It happens and we together we can help!

Holiday cards are being collected for southern California shut-ins by commercial writer for hire, Belinda Sanders. Cards and letters will be distributed to nursing center adults in need of smiles and hugs.

"My therapy doggie and I often visit to bring smiles, wags and kisses! We see many who need smiles, encouragement and hope. *Write to Smile* participants bring sunshine and smiles to the sick, recovering and elderly, as well as, contribute positively to their own health and well-being," Sanders says.

You can participate by sending clear, easy-to-read, uplifting stories of fond memories, funny stories and inspirational notes to:

WRITE TO SMILE

c/o Belinda Sanders Post Office Box 1556 Cypress, CA 90630

Send your well wishes ASAP for speedy delivery to adults in need, and don't stop at one card....consider sending 3 or more!

BELINDA SANDERS is a copywriter/commercial writer for hire committed to keeping the art of letter writing alive. She is known for her uncanny gift of creativity, inherent passion for seeing her clients shine in their greatness, hands-on caregiving, a nurturing relationship style. More info is available at www.BelindaSandersConsulting.com ###