

FOR IMMEDIATE RELEASE

Family Caregiver Open Q & A Session Ask Questions. Get Answers.

Orange County, California. September 19, 2010. Family caregivers will have an opportunity today to get their most pressing questions answered. They will also see that they are heroes helping family members or loved ones during illness, treatment, surgery or aging.

FAMILY CAREGIVER Q & A Session with BELINDA SANDERS
September 19, 2010 First come, first served.
2 – 3pm, 800 East Whittier Blvd., La Habra, CA
Cat & the Custard Cup Restaurant
(Southwest of Whittier & Harbor Blvd Intersection)

Belinda Sanders helps caregivers balance responsibilities in the workplace with the needs of their care recipients. She will be supporting family caregivers at the question and answer session.

Sanders, a family caregiver, has given care to loved ones in their homes, interviewed and hired various care providers, transitioned care recipients to rehab facilities for increased care levels, transitioned and oriented recipients to their new surroundings, and followed their long-term care...for starters.

In fact, she's been through enough caregiving for 5 people. At a senior's kitchen table, Sanders developed and grew her marketing and writing communications business to give service professionals without time or talent a viable marketplace presence.

Forget the learn-as-you-go method," Sanders says. "It may kill you. And the statistics indicate chances are great that caregivers often do not outlive their care recipients. Get the medical team's attention, get your loved one's needs met, and preserve your own life. But do it now, there's no way to catch up or regain what you've lost while providing care." For further information reach Sanders at www.BelindaSandersConsulting.com ###